



HOUSE OF
FORMLAB

PRESENTS

TWELVE HOLY
NIGHTS
CHECKLIST



INTRODUCTION

Take a moment to prepare your altar, your space, and your heart. This checklist is our starting point, not a strict demand, substitute freely with what you already own. And should you desire something new, your discount code is ready for you in my shop.

General Supplies

- A journal + pen for nightly reflections
- 13 small pieces of paper (for wishes + rituals)
- Candles (white, green, yellow, blue, black)
- Matches or a lighter
- Smudging herbs (sage, palo santo, juniper, rosemary)
- Incense (frankincense, sandalwood, lavender, patchouli, etc.)
- Essential oils (frankincense, lavender, peppermint, rose, jasmine, etc.)
- Salt (for cleansing + water rituals)
- Fresh flowers or petals (especially for Night 12)
- Herbs for tea or ritual blends (mugwort, cinnamon sticks, rosemary, sage)
- Crystals for each night (see below)

Handy to Have

- Sigil markers
- Protection tools for doors
- A bowl for offerings
- Ritual salts
- Additional herbs or incense
- Your favourite altar items



Crystals

- Night 1: Clear Quartz — amplifying energy + intention
- Night 2: Black Tourmaline — protection + cleansing
- Night 3: Lapis Lazuli — intuition + self-awareness
- Night 4: Amethyst — spiritual connection
- Night 5: Moonstone — intuitive clarity + emotional alignment
- Night 6: Green Aventurine — growth, nature, heart space
- Night 7: Labradorite — dreamwork + psychic vision
- Night 8: Citrine — joy, abundance, gratitude
- Night 9: Selenite — release + purification
- Night 10: Amethyst — ancestral wisdom
- Night 11: Clear Quartz — focus + clarity
- Night 12: Green Aventurine, Jasper, Citrine, Tiger's Eye — renewal + bath magick

Tools

- Night 1: Essential oils for intention-setting
- Night 2: Salt + herbs for cleansing doors/windows
- Night 3: Incense for introspection
- Night 4: Tarot or oracle deck for divination
- Night 5: Meditation audio or candle for focus
- Night 6: Offerings for nature (feathers, stones, herbs)
- Night 7: Mugwort tea or Amethyst for dream clarity
- Night 8: A gratitude jar or object
- Night 9: Bay leaves + black candle for release
- Night 10: Candles for ancestors (white, yellow, green)
- Night 11: Festive items for the New Year
- Night 12: Ingredients for the Switi Watra Bath
- 7 Spirits Oil or aromatics
- Florida Water
- Champagne or a celebratory drink
- Essential oils (Rose, Lavender, Sandalwood)
- Cinnamon stick, Palo Santo, Sage
- Fresh petals