



INTRODUCTION

The Book of Unbinding
Prayers & Alchemy for Freedom
A complete guide to breaking hexes, severing cords, and reclaiming your sovereignty.

Welcome, Witch!

If you're holding this guide, something brought you here. Trust that. Hexes are real. Curses exist. Malicious intention can tangle itself around your energy, your luck, your peace. But here's what they don't tell you: you have the power to break free. Always.

This guide contains everything you need:

- Two Sacred Prayers (daily protection + curse-breaking)
- Unhexing Oil Recipe (your alchemical ally)
- The Devil's Dirt Unhexing Spell (complete ritual instructions)
- Protection Practices (for after you've broken free)

Let's begin.





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Part One: The Sacred Prayers

The Daily Armor Prayer

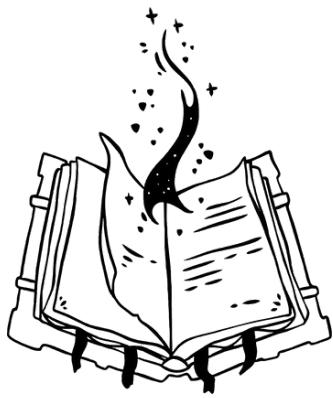
For every morning. Your spiritual preparation.
Speak this aloud. Let your voice make it real.

“I stand in the center of my sovereignty.
I call upon the Divine, the Source, the Light that knows my name.
I clothe myself in sacred armor—woven from truth, justice, and
unshakeable faith.

Around my mind, I place the helmet of clarity. No confusion enters here.
No doubt takes root. My thoughts are my own, protected and clear.
Across my chest, I wear the breastplate of righteousness. My heart is
shielded. My intentions are pure. What is mine stays mine. What is not
falls away.

At my waist, I fasten the belt of truth. I know who I am. I know what I
carry. I know what does not belong to me.





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—On my feet, I wear the boots of peace. Wherever I walk, I am grounded. Steady. Unmoved by chaos or malice.

In one hand, I hold the shield of faith. It deflects every arrow—every hex, every curse, every projection sent my way. Nothing pierces this shield. Nothing reaches me that is not mine to hold.

In the other hand, I carry the sword of spirit. Sharp. Precise. I cut through illusion. I sever what was never meant to bind me. I am surrounded by light. I stand protected. I stand sovereign. I stand in my power. I am armored in divine light, and nothing—nothing—can touch what is sacred within me.

So it is. So it is done.”

Daily Practice:

- Speak this every morning before you begin your day
- Stand while you say it
- Feel yourself putting on each piece of armor as you name it
- Visualize golden, protective light surrounding you





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The Curse-Breaking Prayer

For unhexing rituals. When you need to sever what binds.
Speak this during your unhexing ritual, after you've lit your candle and
set your intention.

“I stand in the center of my sovereignty.
I call upon the Divine, the Source, the Light that knows my name.
Any curse placed upon me now detaches. It loosens. It crumbles. It
shuffles off like old skin that no longer fits. I release it back to the earth
to be transformed.

Any darkness sent toward me now dissolves. It has no place here. No
power here. No hold on me.
Every binding breaks. Every hex unravels. Every malicious intention
returns to its sender, transmuted by divine light.
What was meant to harm me becomes ash. What was meant to bind me
becomes smoke.

I reclaim my energy. I reclaim my power. I reclaim my path.
I am cleansed. I am free. I am protected.





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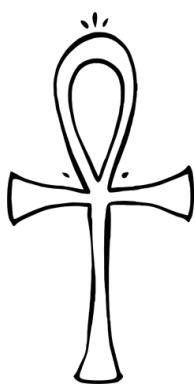
— I stand surrounded by impenetrable light, and nothing—nothing—can touch what is sacred within me.

So it is. So it is done.”

Ritual Use:

Speak this aloud during your unhexing work—after lighting your banishing candle, while the smoke curls, as the wax melts away what was never yours.

Feel each word doing its work. The curse detaching. The darkness dissolving. Your power returning.





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Part Two: Unhexing Oil Recipe

This oil is your alchemical ally. Use it to anoint candles, dress your wrists and shoes, or seal your threshold.

Ingredients:

- Base oil (olive, jojoba, or sweet almond)
- Juniper berries crushed
- Dragon's blood resin
- Patchouli pure + crushed
- Fresh garlic clove (or garlic powder if fresh isn't available)
- Sprig of fresh rosemary (or dried herbs from your kitchen)

Instructions:

1. Consecrate your bottle first.

- Hold it in your hands
- Pass a stick of patchouli incense through the bottle three times
- Pray: "This vessel is sacred. This oil is power. What I create here breaks what binds and protects what's mine."

2. Fill your bottle halfway with base oil.



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3. Add your ingredients one at a time, speaking their purpose:

- Juniper: "For purification and protection."
- Dragon's blood: "For power and banishing."
- Patchouli: "For grounding and courage."
- Garlic: "For breaking curses and warding off evil."
- Rosemary: "For cleansing and remembrance of my power."

4. Seal the bottle.

- Shake it gently while visualizing golden light filling the oil
- Say: "This oil is blessed. This oil is ready. So it is done."

5. Store in a cool, dark place.

- Let it sit for at least 24 hours before use
- Shake before each use to activate the ingredients

How to Use:

- For candle magick: Anoint from top to bottom (pushing energy away from you)
- For personal protection: Dab on wrists, behind ears, or shoes
- For threshold protection: Anoint doorframes and windowsills
- For objects: Dress protective charms or talismans



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Part Three: The Devil's Dirt Unhexing Spell

This is the core ritual. The work that breaks what binds.

What You Need:

- Devil's Dirt (Asafoetida powder)
- Pink Crystal Salt
- A mirror (large enough to hold your candle and mixture)
- A black banishing spell candle
- Unhexing Oil (from the recipe above)

Timing:

- Ideal: Waning moon (for release and banishing)
- If urgent: Any time. Your need is part of the magic.

Before You Begin:

- Cleanse your space with sage, rosemary, or incense
- Take a ritual bath or shower if possible
- Ground yourself with deep breaths
- Set your intention clearly: "I am breaking what was cast against me. I am reclaiming my power."





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The Ritual:

Step 1: Prepare Your Mirror

- Place your mirror on a flat, stable surface
- This mirror represents reflection—sending back what was sent to you

Step 2: Create the Mixture

- Mix Devil's Dirt and salt in equal parts (about 2 spoons each)
- As you mix, say: "What was bound is now loosening. What was dark is now dissolving."
- Pour the mixture in the center of the mirror

Step 3: Prepare Your Candle

- Hold the black candle in both hands
- Anoint it with Unhexing Oil from top to bottom, pushing the oil downward away from your body
- As you anoint, whisper: "This candle burns away all curses. This flame consumes all hexes. What was sent to harm me will now be ash."





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Step 4: Set Your Candle

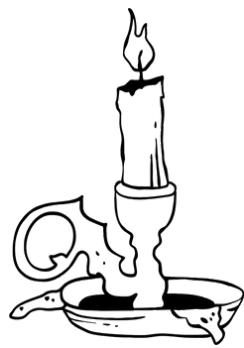
- Press the base of the candle into the center of your salt and dirt mixture on the mirror
- Make sure it's stable and secure

Step 5: Light and Pray

- Light the candle
- Recite the Curse-Breaking Prayer (from Part One)

Step 6: Let It Burn

- Allow the candle to burn down completely in one session
- Do not leave it unattended
- As it burns, visualize the curse breaking, crumbling, dissolving
- You may feel lighter, emotional, or suddenly tired—this is the release





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Step 7: Disposal

- Once the candle is completely burned out, gather all remnants from the mirror (wax, salt, dirt)
- Place everything in a small bag or wrap in cloth
- Take it far from your home—to the woods, a park, or a crossroads
- Bury it in the earth As you bury it, say: "I ask the earth to transform this negativity into loving energy for all that lives. What was dark is now light. What was binding is now free. So it is done."

Step 8: Cleanse Yourself and Your Space

- Wash your hands thoroughly
- Take a cleansing shower or bath
- Burn sage or incense throughout your home
- Open windows to let fresh air in

What to Expect After:

- You may feel immediately lighter or deeply exhausted (both are normal)
- Dreams may shift or become more peaceful
- Situations that felt "stuck" may suddenly resolve
- Trust the process. The hex is broken.





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Part Four: Maintaining Protection

Breaking a hex is the first step. Staying protected is the practice.

Daily Practices:

- ▷ Speak the Daily Armor Prayer every morning
Your spiritual hygiene matters.
- ▷ Wear protective charms. Black tourmaline, tiger's eye, amethyst, citrine or evil eye jewelry deflects negativity.
- ▷ Keep crystals near entrances. Black tourmaline, smoky quartz, or clear quartz at windows and doorways absorb and deflect harmful energy.
- ▷ Sprinkle salt across thresholds. Seal your space. Simple. Effective.
- ▷ Hang protective herbs above doors. Rosemary, bay leaves, or garlic create energetic barriers.

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» Weekly cleansing rituals. Burn sage or Himalyan juniper. Use sound (bells, singing bowls) and Selenite. Keep your space spiritually clean.

» Cultivate positive energy

Surround yourself with supportive people. Avoid toxic environments.
Your emotional resilience is your first line of defense.

Protection Checklist:

Use this to track your spiritual maintenance.

- Daily Armor Prayer spoken this morning
- Protective jewelry worn today
- Crystals placed at entrances
- Salt refreshed on thresholds (monthly)
- Protective herbs hung above doors
- Weekly space cleansing completed
- Unhexing oil on hand and charged
- Boundaries set with toxic people/situations
- Feeling grounded and sovereign





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Final Words

You are not a victim of someone else's malice. You are a sovereign being with the power to break, banish, and protect.

The work in this guide is ancient. Proven. Powerful.
Use it when you need it. Return to it when you feel the shift.
And remember: your energy is yours. Your power is yours. Your path is yours. **Nothing—nothing—can take that unless you allow it.**

With love, fire, and support,
Your sister in the craft

*Madame
Formastica*

